3610 FREE

MURCHISON COMMUNITY NEWSLETTER





MURCHISON MEN'S SHED INC

INC No. A01097471; ABN 47749064930; ATO, DGR 23 Impey Street Murchison Vic 3610

Values: Respect, Honesty, Inclusiveness, Community Focused, Integrity

You may have noticed that there has been movement at the site of our new shed. The footings have been bored, the reo mesh has been installed, the engineers and building inspectors have approved, and concrete has been poured. As you can see from the photos they have actually started erecting the construction.

Hopefully by the time this goes to print, the shed should be near completion, in time to hold our AGM on Saturday 22nd of October.

Meantime we are due to start a commission project at the River Road Caravan Park. If you are interested in joining the shed or would like to help volunteer in this community project, please contact on phones listed below.

However, we are not just about projects and wood work. You will be made welcome with a cuppa, biscuit or a piece of cake that one of our members has made.

Continues page 3

3610 MURCHISON COMMUNITY NEWSLETTER IS A PROGRAM OF NEIGHBOURHOOD HOUSE MURCHISON (VIC) INC.

Articles are due no later than the 17th of each month.

Publication will be the last week of each month.

Please email your article to 3610ourplace@gmail.com Subject line: Your Name/Organisation name and month of edition.

- All articles are subject to publisher and Management approval.
- Please submit in a Word document.
- Please submit Images as jpeg.
- Articles published are neither in favour or not in favour of politics.
- All articles must be submitted by the monthly deadline to be included in the next edition.

Rates and Guide for submission.

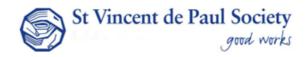
- Community group/ Not-for-profit Organisation Local Area rates: Up to full page: Free
- Not-for-profit organisations from non-local area welcome. Space may be limited.
- Frontpage will be shared on a monthly basis between local Community organisations.
- For further details contact the Manager of the House
- at 3610ourplace@gmail.com

Commercial Rates:

- Full Page: \$100
- 1/2 Page: \$50
- 1/4: \$30
- 1/8 (business card): \$15
- Annual Sponsorship Business card size. \$250 for 12 editions.
- Annual sponsorship also includes 1 x half page article per annum with photos. For further details Contact Katrina Campbell at 3610ourplace@gmail.com

Neighbourhood House Murchison 23 Impey Street Murchison VIC 3610

P: 03 5826 2373
E: info@murchison.org.au
murchison.org.au
Opening hours; 9am to 3pm Monday to Friday
(excluding Thursday).



Assistance is available

Every Friday from 2 - 3pm

At the Neighbourhood House

Neighbourhood House Murchison

23 Impey Street

03 5826 2373 info@murchison.org.au



MURCHISON GOLF CLUB

DARGALONG CUP 11 September

It's on again!

After a few years the Murchison Golf Club has a new group in charge and they have reinvigorated the club. The course is in the best condition in 40 years or more and the club wants to have a Dargalong Cup like the ones you might remember.

4BBB to Par \$40 per pair

And in conjunction

MURCHISON CUP

4BBB Stableford Ladies \$40 per pair

10.30 for 11 am hit off both events, with afternoon tea.

For Bookings please contact Jeff Huddle at celie.cameron@optusnet.com.au or 0488 463100

MEN'S SHED NEWS CONT.

In our new shed we will have a kitchen; a lounge for sitting or playing board games, chess, cards or darts; a TV lounge where you can watch the footy with a mate or just have a chat. We will have wood and metal work areas, along with room for you to work on your hobbies and receive help with your own small projects if needed. All are areas where you can learn new skills and teach other members skills that you already have.

In the near future, we will be canvassing for new members – and if the situation warrants it – with new membership we are looking at opening on Saturdays for those who are still in the workforce, or busy during the week. Please make contact and let us know your thoughts.

Contacts

Dennis McCullagh (President) | 0428 148 210 | murchisonmensshed@gmail.com Con Scarvelis (Secretary) | 0421 525 665 | conscar2019@gmail.com

Men's Shed Key Dates and Events

Murchison Men's Shed open EVERY WEDNESDAY | 10am – 3pm Friday, September 2nd | 4pm – 6pm | Vic Rail Community Event Sausage Sizzle at Murch East railway Station Saturday, September 17th | 8am – 1pm | Sausage Sizzle outside Murchison Pharmacy Saturday, October 22nd | 11am | AGM at new shed 10A Watson Road, followed by BBQ

CPR AND FIRST AID TRAINING IS COMING TO THE NEIGHBOURHOOD HOUSE!





Trainer: Stitches First Aid Education

Courses and Costs:
HLTAID009 – Provide CPR | \$65
HLTAID011 – Provide First Aid (includes CPR) | \$165

Location: Neighbourhood House Murchison, 23 Impey Street

Date: Thursday 15th September 2022

Time: 9 am – 3 pm (If you're only doing CPR it will finish around 11 am)

What you need to bring: Your USI (Unique Student Identifier) and a pen

Enrolment is completed on the day, but your attendance must be confirmed by emailing manager@murchison.org.au no later than Thursday, 8th September 2022.

Please get in touch by email or on 5826 2373 if you have any questions

SUPPORT YOUR LOCAL BUSINESSES













Solar PV systems for
Domestic, Business and Commercial
Ph: (03) 58262513
email: info@gvce.com.au
www.gvce.com.au



www.avonleaflowers.com.au



SUPPORT YOUR LOCAL BUSINESSES



- TREE REMOVALS TREE PRUNING •
 STUMP GRINDING •
 24/7 EMERGENCY TREE CARE
 - 24/7 EMERGENCY TREE CARE •

0457 283 085

totaltreestumpremoval@gmail.com



aquariumschool.com

NORTHERN VICTORIAN PARTY HIRE

QUALITY STRUCTURE MARQUEE AND EQUIPMENT HIRE

03 5826 2533 0404 568 544

www.nvph.com.au nvph@hotmail.com







MURCHISON COMMUNITY MEALS

\$5

Share a meal with other members of your community Everyone is welcome. All ages.
Mon and Wed 12.00 noon
2 Course Lunch



MURCHISON FIRE BRIGADE CFA

BY BOB LANGFORD

Most of us are aware of the roadside 'Fire Danger' signage whilst travelling through Victoria. These have now been revised with the system expanded to create consistency across Australia. This will enable emergency information to be clear and concise, changing the forecasting of fire danger and assessment of fire behaviour throughout Australia.

Changes to the present, and shortly to be redundant system will be made gradually from SEPTEMBER 1st, 2022



The ratings have been re-classified into four categories, MODERATE, HIGH, EXTREME and CATASTROPHIC.

A brief description of these :- **MODERATE: Plan and Prepare**

HIGH: Be ready to act

EXTREME: Take action now to protect your life and property CATASTROPHIC: For your survival leave bush fire risk areas

The new 4 level system replaces the 6 level system and provides clear action advice depending on the level of risk. Find out more by visiting - www.cfa.vic.gov.au/afdrs

HOME FIRE SAFETY: As winter continues, please be aware of all aspects of home safety, monitoring children's activities and ensuring your dwelling doesn't represent a hazard. Please pay special attention to electrical safety by ensuring that plugs and sockets are fitted correctly. Don't overload power boards, sleep with your electric blanket on and do not overcharge mobile phones or laptops as these small items can generate enormous heat. Find out more by obtaining a copy of the CFA publication 'Home Fire Safety'. This booklet is available free of charge and maybe found at a number of shops in the village and at the Neighbourhood House.

SMOKE ALARMS: Please do not neglect smoke alarms and test regularly. Remember – 'ONLY WORKING SMOKE ALARMS SAVE LIVES'. Find out more by visiting - www.cfa.vic.gov.au/smokealarms

FIRE BRIGADE SOCIAL NEWS: On Sunday 24th July Murchison, Moorilim and Bailieston CFA Brigade members together with wives, husbands, partners, families, friends and children joined together at the Railway Hotel Murchison East to enjoy a fundraising 'Christmas in July'. Some 60 people had a great afternoon of fun, friendship and good food. Grateful thanks to our hosts the Golding family, Paul, Amelia and Mitch who went out of their way to make everyone welcome and the afternoon a success.

Murchison Fire Brigade CFA would also like to acknowledge the generosity of the local individuals and businesses that supported our fundraiser by donating goods and/or services for either raffle or auction on the day. This is not an individual but a collective thank you to those who lent support.

Please stay safe, and if a fire should start do not ring the station. Dial 000 and ask for 'Fire'.

Should anyone have a query about Fire Safety, or any other Fire Brigade CFA matter the station is routinely attended on Sunday mornings for maintenance activities. Drop in and have a chat.



28-36 New Dookie Rd, Shepparton 3630 Phone: (03) 5831 7228 Website: www.everydaysupplies.com.au Email: office@everydaysupplies.com.au





For over 25 years, Everyday Supplies has been supplying the Goulburn Valley with all their cleaning needs. From toilet paper, hand towel and soap, to cleaning chemicals, machines, vac's, mops & buckets we have everything you need to get the job done efficiently and at the best value. We are proud to supply Murchison Primary School, Neighbourhood House & the Community Hall, as well as Murch Medical and the Footy/Netball Club.

Everyday Supplies stocks the Enzyme Wizard range which is grey water safe and covers everything from cleaning the bathroom and kitchen to carpets and floors. From 500ml to 5 litres the entire range has plenty of options for the home, office and workplace. Enzyme Wizard products are an organic environmentally friendly way of cleaning.

Earthon is a cost effective 7.5kg laundry powder which comes in either a eucalyptus or non-scented option. It is suitable for septic tanks and grey water safe. It contains no phospates, ammonia or nitrates. Perfect for front or top loader washers and works well in a cold wash.

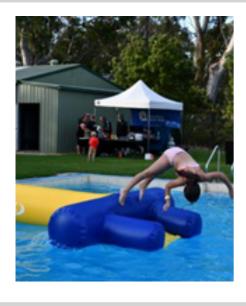
NEW EXCITING POWER SAVING BONUS PROGRAM FROM 1 JULY 2022

As you all might be aware of by now, Premier Dan Andrews recently announced a \$250 million funding package to help ease cost of living pressures for Victorian households.

From 1 July 2022, a new \$250 payment will be open to all Victorian households who use the Victorian Energy Compare website to compare their energy deal and seek out a better price.

This new program will be open to all households, and concession card holders who previously received the bonus will be able to apply for it again.

Just over 220 Neighbourhood Houses are currently participating in the Power Saving Bonus outreach program, facilitated by Neighbourhood Houses Victoria and Good Shepherd in partnership with the Department of Environment, Water, Land and Planning (DELWP).



MURCHISON SWIMMING POOL IS HIRING!

The pool is looking for a few more lifeguards coming into swimming season.

Must have swimming ability.

Swimming!

Send your resume to Murchisonswimmingpool@gmail.com Or contact Leanne for details 0458 561 095

BOLTON ESTATE AGENTS

If you're thinking of selling your property.

Please call Chris Bolton on 0413 092 698

Murchison's only local Estate Agent

BOLTON ESTATE AGENTS

MURCHISON BOWLS CLUB - READY SET GO!

Murchison Bowls Club Invites you to

Barefoot Bowls and BBQ Dinner

Every Thursday night, the Murchison Bowls

Club is open for Barefoot Bowls, Socialising

and BBQ Dinner.

Starts on Thursday 6th October

Great atmosphere for all ages.

Everyone welcome.

Bowls coaching always available

Barefoot Bowls FREE starts at 4pm

BBQ Dinner \$10.00 per person starts 6pm

Children under 12 FREE

Bookings please call Wendy 0419622909

Bowls is not far off starting for the season.

Bowls Club will open the green on the 11th September

We have club games on the 11th September

Midweek Pennant starts Tuesday the 27th September

Week End Pennant starts Saturday 1st October

Mens over 60s starts Wednesday the 5th October

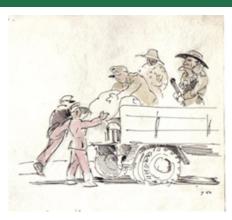
Barefoot Bowls and BBQ Dinner starts 6th October

Over 60s ladies starts the 6th October.









A very special Exhibition at Shepparton Art Museum (SAM) is Artworks from Prisoner of War Camp 13 Murchison. It presents the works of Hans Wolter von Gruenewaldt, a German civilian imprisoned in Camp 13 Murchison. Although not formally trained, he was a very talented artist, and created a prolific collection of art during his five and half years in the Camp during World War 2.

This is a rare collection, safeguarded and greatly valued by the Murchison community and has not been seen outside Murchison. Large murals that are on display from the RSL ANZAC HALL, are unique. In contrast to these caricatures, serious life-like portraits of compatriots are exhibited. Scanned sketches, paintings and drawings from note books are on show via a rolling slide show, and expose an enormous breadth of styles, topics and use of a wide range of art materials. This provides a dazzling variety of works that enthral the viewer.

This is a joint project between the Murchison RSL sub-branch and the Murchison & District Historical Society, supported by Shepparton Art Museum though SAM SQUARED PROGRAM and the Exhibition concludes on Sunday 11th September, so make sure you visit before it closes. Entry to SAM is free. Kay Ball, President, Murchison & District Historical Society Inc.



Merrigum Historical Society presents

Back in Time Wedding Dress Exhibition

Saturday 10 September 2022 and
Saturday 8 October 2022
10am -3pm,
and by appointment
11 September 2022 until 8 October 2022

See a wide range of wedding gowns and more dating back to the nineteenth century

> Merrigum Museum 111-113 Waverley Ave Merrigum Vic

> Entry \$10 per person Groups welcome

Enquiries to Secretary, Merrigum Historical Society Phone 5855 2330 <merrigummuseum@gmail.com>



Yoga and Meditation teacher Josephine Doyle brings a wealth of wisdom and inspiration to our studio with her popular workshop! Jo's workshops have students feeling empowered, pain free and invested with tools, exercises and pose variations to improve their bodies and their yoga practice.

The event is open to anyone and will be a very hands-on delve into exercises and adjustments to heal and strengthen the lower back and hips.

Jo's teaching approach is honest, sensitive, and humorous. Jo has taught these successful sold-out workshops around Australia and New Zealand.

In this workshop you will:

- Practice slow and steady postures
- Move more freely and improve your joint mobility.
- Learn tools and share gems of wisdom about how to improve the way you move.
- Improve quality of life due to new movement possibilities.
- Learn new skills and practice from a new perspective.
- Transform beyond your perceived limitations.



MURCHISON PRIMARY SCHOOL Be The BEST You Can Be!







At Murchison Primary F-2 students enjoyed celebrating 100 Days Of Learning with their '100 days smarter' celebrations. There was lots of counting, making and showing how smart they are becoming. There were Fruit Loop necklaces, socks decorated for their collaborative centipede and making (and eating) of 100s and 1000s fairy bread. A great time was had by all involved.

Students at the other end of the school (Grades 5 and 6) had the opportunity to participate in the 'Talk About it' program recently too. The program covered Personal Development, with units on Identity, Healthy Relationships, Puberty and for the Grades 6 only – Reproduction. Parents have been offered an online Parent Information session, so they can see what was covered by students and how they can have conversations around the topics covered. It was great to get feedback from the facilitators about the excellent behaviour our students had shown! Well done students!



Our State School Spectacular (SSS) squad from Murchison Primary are now on the final stretch! We had Hara and Darren travel to Murchison recently for some last minute training.

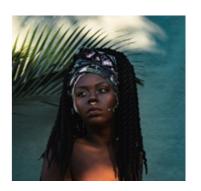
The 2022 Victorian State Schools Spectacular brings together government school communities from across Victoria to produce a 3-hour live show including music, dance, circus arts, puppetry and skating.

This year's show will be performed to an audience of about 12,000 people at John Cain Arena on Saturday 10 September, over 2 shows at 1 pm and 6:30 pm.

Talented Victorian students will feature on stage, while many other students will work behind the scenes, gaining unique, on-the-job, professional experience.

Our Junior School Councillors have been busy raising funds to support our SSS squad – we can't wait to eat our tasty bakery treats shortly





POETS! START YOUR ENGINES!

Poetry Slam is a live literary performance program where the audience chooses the champion. From July to October, Australian Poetry Slam heats and workshops connect storytellers across the nation, leading to the National Final as part of Story Week 2022.

Shepparton Library is thrilled to host a Victorian heat of Poetry Slam on Sunday 11th September from 7pm. Whether you are a budding poet or more experienced, Poetry Slam is a great way to get your poetry heard. 20 people will have the opportunity to compete in the Shepparton heat, with the winner competing in the Victorian finals, and maybe a place in the National Final.

Entrants are asked to register from 6.30pm, and with places in the competition limited to 20 poets, you will need to get in fast. Potential competitors will find the rules on the Australian Poetry Slam website. https://www.australianpoetryslam.com.

One of the best parts of Poetry Slam is that audience participation is actively encouraged, so come along and let your enthusiasm show! Judges are selected from the audience, so you may have a hand in selecting the next Slam Champion.

As well as the Poetry Slam heat, Shepparton Library will host a workshop from 12noon to 2pm for 20 people. This exciting workshop will help you find inspiration all around you and hone in on your stories. If you would like to register for the workshop, contact Shepparton Library on 1300 374 765 or email on shepparton@gvlibraries.com.au. You might choose to attend the writing workshop, the Slam heat, or both!

Joining us at the Shepparton Library as Slam host and workshop facilitator is the current Australian Poetry Slam Champion Huda the Goddess. Huda is a spoken word poet, educator, mental health advocate, dancer and workshop facilitator. She describes poetry as one of her senses that allows her to turn her experiences into art and is currently working on her first poetry collection. As a proud African-Muslim woman it is important to her that young women from her community are represented and their stories are shared. Poetry is her connection to communities, land and her people. Having the chance to make people feel something will always be her goal as an artist.

Poetry Slam is for not just those that like poetry: it's for anyone who likes live entertainment. Prepare yourself though, whether you're cheering for your favourite poet or you are selected as one of the 5 judges, audience participation is a must. Be prepared for an entertaining evening of witty words and provocative prose.

Poets planning to compete in the Shepparton Heat can only register in person on the night. Registration starts at 6.30pm and places are limited to 20 poets.

For more information:

Bronwyn Cole

Program Co-ordinator, Goulburn Valley Libraries

Tel: 1300 374 765

Email: bronwync@gvlibraries.com.au







HIGH FASHION ISN'T JUST IN ITALY.

On Tuesday 9 th as part of Virtual Italian, the students concluded their study of clothing with a fashion parade.

They had organised an outfit from home to wear and persuaded our principal, Mrs. W to have an "out of uniform" day so they could wear the outfit for the whole day. Organising the outfit involved drawing, labelling and writing about the clothing they would present. All in Italian, of course!

Before the show began, like all good fashion parades, a quick rehearsal was held. They enjoyed seeing and hearing all about the many wonderful and sometimes weird clothing that was on show.

The students should be very proud of their achievements. It's not easy to stand up and speak in front of others.

Let alone in Italian!

Buon lavoro ragazzi.

Signora Acca.



GENERATIONS OP SHOP CELEBRATING 20 YEARS

Generations Op Shop would like to extend a special invitation to all in our community to join us in celebrating 20 years of operation in Tatura.

Our celebrations will be launched with a week-long sale starting 5th September through to Saturday 10 th September. On the Saturday we will be open in the morning, there will be Lucky dips for kids as well as a free BBQ running with coffee or hot drink vouchers redeemable on the day available for all customers at local cafés.

Special thanks to all our volunteers and loyal customers for your support over the last 20 years!

We are blessed to be a part of this awesome community! Looking forward to seeing you all there!



A thought provoking, confronting and informative road safety program with advice on a wide range of topics for young drivers. Presented by Greater Shepparton Police and local agencies

Safe driving for life - It's all about ATTITUDE!

WEDNESDAY 16 November, 2022

Riverlinks Westside.

Cnr Homewood Drive & Echuca Road, Mooroopna

Arrive by 6.45pm for a 7pm Start (concludes approx 9pm)

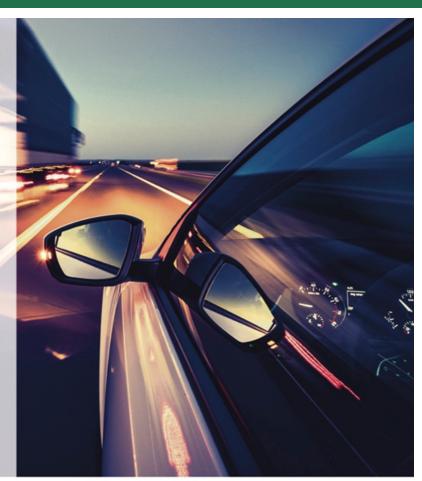
Free Entry - but a ticketed event

Registrations open 1 August 2022. Telephone; (03) 5832 9511 or online via riverlinksvenues.com.au/whats-on

Enquiries: Leading Senior Constable Leigh Johnson (03)5820 5847 email; leigh. johnson@police.vic.gov.au. Leading Senior Constable Dean Lloyd (03)5820 5870

If an Attendance Certificate is required, please register at the CoolHeads Desk prior to taking your seat.

















STORY - BY ANONYMOUS

Imagine you are 80 years old looking back, what might be your biggest regret.

Life is learning

People make mistakes and often only learn from those mistakes

If we don't learn the lesson often it is repeated in our lives until we get it, so bring on the bad decisions and the learning.

If your heart is pure, good, then you will make decent decisions

Yes bad things happen to good people and vice versa

Basically what you focus on you attract

Regret, is it a good use of time and energy? Can we learn anything from it?

I could say that I wish I hadn't taken up smoking and enjoyed it so much

All of the time I wasted on possessions and keeping them clean

I could say I wish I hadn't tried to help so many who really didn't care about the outcome or me

All of those opinions of others that I wasted so much time on don't mean anything now

At eighty I am content with who I am and my decisions in life as I can see a much greater picture.

I don't know much but I know enough to know that I don't know anything. And you've got to know a lot to know that.

My biggest regret? That I didn't start here, where I am now, with this mindset, being comfortable in my body and in my person

Is that a regret or just dreaming?

MURCHISON.ORG.AU



MURCHISON COMMUNITY BOOKSTORE

OPEN MONDAY TO FRIDAY EXC THURS.

9AM TO 3.00PM

\$2.00 PER BOOK

READERS GROUP MEETS 4TH FRIDAY OF THE MONTH .10AM TO 11AM.

A program of the Murchison Neighbourhood House. 23 Impey Street. Murchison. VIC 3610

MURCHISON COMMUNITY GIFT BASKETS

A program of Neighbourhood House Murchison (Vic)

Support our new Program venture. Quality Gift Baskets for all occasions.

Baskets and prices will vary depending on availability of products.













3610

TERM 3 PROGRAM GUIDE 11th July to 16th September 2022

wering people to unite and achieve community goals through support, referrals and programs.



Murchison Community Meals

Monday & Wednesday I 12 - 1pm | \$5 per head Home cooked 2 course lunch | Eat in or takeaway

Murchison Coffee Hub and Barista Training

Tuesday | 8:30 - 10:30am | Cafe prices Cakes and variety of Teas also available

Preloved Shop

Monday., Tuesday, Wednesday & Friday | 9am - 3pm New and second hand goods at very low prices Clothing | Accessories | Homewares | Toys | Games | CDs and DVDs | Artwork & Craft supplies

Food Boxes and Dignity Bags

Monday, Tuesday & Wednesday | 10am - 2pm Food staples and personal products \$5.00 donation per box | One box per household

Murchison Community Book Store

Monday, Tuesday, Wednesday & Friday | 9am - 3pm Good quality books,, puzzles and games at low prices

3610 Murchison Community Newsletter

Published monthly | Email and limited hard copy Contact NHM Manager for all enquiries

COMING UP!

Community Feedback

We want to hear from you and will be seeking your input into the future of the House and community

Stay tuned for more information about

- · Charity Golf Day
- Father's Day

GROUPS

Murchison Walking Group

Tuesday & Thursday | 10am | FREE Coffee Hub on return to the House on Tuesdays

Murchison Garden Group

4th Wednesday of the month | 6.30pm

Murchison Readers

4th Friday of the month | 10 - 11am | \$2 per head

Murchison Community Planning Committee. 3rd Tuesday of the month | 6.30pm

New members welcome

Guitar Lessons | Guitar Group

Tuesday | 6 - 7pm | Tuition fees apply

SERVICES

St Vincent De Paul Support and Referral

Friday | 2 - 3pm | FREE Other days by phone appointment

Quilting Machine

Operations & hire | Contact the House

Everyday Services

- General Assistance and Referral Support
- · Internet | Printing, Scanning and Photocopying
- ZOOM room -Online meeting space | telehealth
- · Room for Hire- Meetings and Classes

CONTACT US

Monday., Tuesday, Wednesday & Friday | 9am - 3pm 03 5826 2373 | murch-nh@hotmail.com

- @murchisonnh
- Murchison Preloved Shop
- Facebook