

3610



MURCHISON COMMUNITY NEWSLETTER

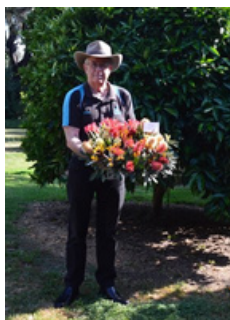


MURCHISON MEN'S SHED INC

INC No. A01097471; ABN 47749064930 ; ATO, DGR

10A Watson Street Murchison Vic 3610

Values: Respect, Honesty, Inclusiveness, Community Focused, Integrity



What has been happening at the shed?

We have been opening on Saturdays for a few weeks now and will continue until the 16th of December this year for a trial run.

Our reason for opening Saturdays is to give any men that are working, or unable to attend during the week, the opportunity to come along and see for yourselves what really happens at the shed. There will be someone there to offer you a cuppa and a yarn about the shed. What the shed is for, and what the shed can do for you.

Men's sheds are all about men's health, wellbeing, and mateship. Just have a cuppa and a chat with a mate. Or if your happy to work on a project, that's fine. There is no pressure.

Unlike women who are more able to talk about their health and problems, men tend to bottle things up and this is not good for your health.

Men talk more freely shoulder to shoulder, at a workbench or cooking a BBQ among other men, and this can have huge health benefits whether you talk about your health or ribbing each other about the piece of timber you cut to the wrong length, or the lousy cup of coffee you made.

ST BRIGID'S CATHOLIC CHURCH MURCHISON SERVICE TIMES

St. Brigid's Church are holding a family mass on Sunday December 10th starting at 10:30am - there will be a collection for St.Vinnies Christmas Appeal after Mass we will share a meal together (please bring a plate of food to share).

Christmas Mass will be held Monday December 25th at 8:30am.



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CONTINUED

We invite you to come along and join us. Age limit from above 18.

The billy is on from 10am to 3pm Wednesdays, 10am to 2pm Saturdays. (Saturdays until 16th December to gauge interest). Things we offer - people to chat with, wood, metal, and mechanical workshops.

Coming soon - Kitchen | TV lounge | Library and games area | Pool table

COME AND MEET THE FRIENDS YOU NEVER KNEW YOU HAD!

Contact:

Dennis 0428 148 210

Con 0421 525 665

MURCHISON

CHRISTMAS

MARKET & CAROLS

MURCHISON RIVERBANK GARDENS
STEVENSON STREET



FEATURING LIVE MUSIC, FOOD TRUCKS, MARKET STALLS, RAFFLE AND **FREE** ACTIVITIES FOR CHILDREN



SUNDAY
10TH DECEMBER
4PM - 8PM

JUMPING CASTLE
FACEPAINTING
SILENT DISCO
A VISIT FROM SANTA
GAMES AND MORE!!!



WELCOME TO OUR RIVERSIDE COMMUNITY



3610 MURCHISON COMMUNITY NEWSLETTER IS A PROGRAM OF NEIGHBOURHOOD HOUSE MURCHISON (VIC) INC.

Articles are due no later than the 17th of each month.

Publication will be the last week of each month.

Please email your article to 3610ourplace@gmail.com
Subject line: Your Name/Organisation name and month of edition.

- All articles are subject to publisher and Management approval.
- Please submit in a Word document.
- Please submit Images as jpeg.
- Articles published are neither in favour or not in favour of politics.
- All articles must be submitted by the monthly deadline to be included in the next edition.

Rates and Guide for submission.

- Community group/ Not-for-profit Organisation Local Area rates:
Up to full page: Free
- Not-for-profit organisations from non-local area welcome. Space may be limited.
- Frontpage will be shared on a monthly basis between local Community organisations.
- For further details contact the Manager of the House at 3610ourplace@gmail.com

Commercial Rates:

- Full Page: \$100
- 1/2 Page: \$50
- 1/4: \$30
- 1/8 (business card): \$15
- Annual Sponsorship - Business card size. \$250 for 12 editions.
- Annual sponsorship also includes 1 x half page article per annum with photos. For further details Contact Katrina Campbell at 3610ourplace@gmail.com

Neighbourhood House Murchison 23 Impey Street Murchison VIC 3610

P: 03 5826 2373

E: info@murchison.org.au

www.murchison.org.au

Opening hours; 9am to 3pm Monday to Friday (excluding Thursday).

HOUSING AND ACCOMMODATION SUPPORT

Housing for the Aged Action Group (HAAG) are coming to Neighbourhood House Murchison to assist with housing issues and to answer your questions.

TUESDAY 28TH NOVEMBER

10:00AM - 1:00PM

23 IMPEY STREET MURCHISON



PRIMARY CARE
CONNECT

CP@team

Free Blood Pressure and
Health Assessments

(Adults 18+)

Where: Murchison Neighbourhood House
23 Impey Street, Murchison VIC

When: Tuesday 28th November
10am - 1pm

The CP@clinic/CP@team Program is a free health check-up.
You can talk to a registered nurse about your health and well-being. All personal information will be kept private.

The CP@clinic/CP@team Program is a program of research being evaluated by Dr. Gina Agarwal, McMaster University and Dr. Evelien Spelten, La Trobe University

For more information, please call:

Primary Care Connect
at (03) 5823 3200



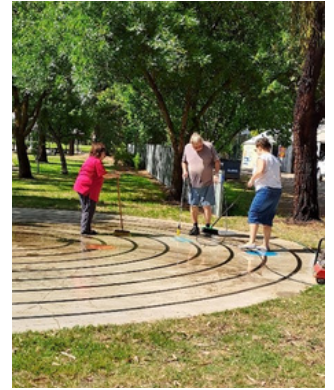
ENJOY WALKING THE SOLAR SYSTEM LABYRINTH IN METEORITE PARK

BY MARGARET LOCK, SECRETARY - MURCHISON & DISTRICT HISTORICAL SOCIETY INC.

"The labyrinth is one of the oldest of symbols; it depicts the way to the unknown centre, the mystery of death and rebirth, the risk of the search, the danger of losing the way, the quest, the finding and the ability to return."

Edward Whitmont - 'The Symbolic Quest'

If you haven't already seen it or walked it, Murchison's solar system labyrinth located at the rear of Meteorite Park in Stevenson Street is an interesting place to visit. It is sure to inspire you, as you will see all the planets positioned on the labyrinth at the time the Murchison meteor landed at 10.58am on 28th September 1969. An interpretative sign near the labyrinth's entrance also tells you more about the planets and the origins of a labyrinth. With summer holidays coming up, this would make an ideal walking activity for families and friends.



A recent working bee saw several members of Murchison & District Historical Society spring-cleaning the surface of the labyrinth, sprucing it up for visitors to enjoy.

Listed below, you will find several hints about walking a labyrinth:

- Walk with intent, not expectation.
- There is no wrong way to walk the labyrinth.
- Find your own pace - simply focus on the path and put one foot in front of the other.
- Pass other walkers when necessary - simply step aside and then rejoin the path.
- You cannot get lost in the labyrinth - if you miss the path you will end up either back in the centre or back at the beginning.
- Use anything that happens in the labyrinth as a metaphor for what is happening in your life.
- Be present in the moment.

(Walking a sacred path by Dr Lauren Artress; The sacred path companion by Dr Lauren Artress; www.veriditas.net, www.labyrinthociety.org)

With the good weather now upon us, we invite you to come along to Meteorite Park and enjoy the experience of walking this unique labyrinth.


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Darren 0447 777 939 



MICK PAYTEN
03 5824 1077
105 Ross St
Tatura, Vic

WATERWHEEL 
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Email: WaterwheelTyres@gmail.com

Murchison Bakery
& TEAROOMS

39 Stevenson Street
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OPEN 7 DAYS
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open 7 days



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www.gvce.com.au



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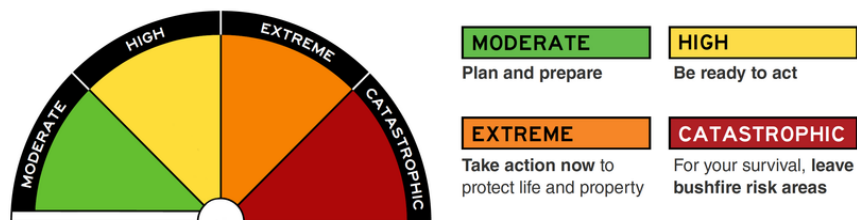


MURCHISON FIRE BRIGADE CFA

BY BOB LANGFORD

As followers of our CFA Murchison Fire Brigade and the Murchison Victoria Community Facebook pages will be aware, the Chief Fire Officer has declared the Fire Danger Period (FDP) for this 2023/24 season will commence for the shires of Greater Shepparton, Moira and Strathbogie at 0100hrs on Monday 27th November. This means that by the time this issue of 3610 is published the FDP will be in effect. Make sure you know how the FDP will affect you by visiting the website www.cfa.vic.gov.au/can. Remember, it is your responsibility to comply with the restrictions of the FDP. Penalties apply for flouting the regulations.

The onset of the FDP always brings its own worries as the harvest season is well under way and property owners continue preparing for the summer. Vic is facing a hot and dry fire season this year with a high level of dry vegetation growth so please ensure all activity is compliant with the set requirements of the FDP and undertaken with safety in mind. Remember to always be aware of the consequences of your actions on others.



The advent of the FDP brings the possibility of Total Fire Ban (TFB) periods. A TFB may be declared by the authorities at very short notice on days when the weather conditions are forecast to be at a dangerous level making any fires likely to spread rapidly and difficult to control. To reiterate, penalties apply for transgression of regulations in respect of TFB's.

Fire Danger Ratings (FDR) tell you how dangerous a fire could be if one started in your area. There are 4 levels of FDR ranging from Moderate through High, Extreme, and then into Catastrophic. FDR's are issued on days when there is a fire risk. Acquaint yourselves with the FDR by visiting the website www.cfa.vic.gov.au/afdrs

How well do you know Fire? Fire seasons in Vic can be long and devastating. If you live near bushland, paddocks or grassland, proper preparation can help protect you and your family from fire. Prepare your Fire Plan early and do not hesitate to act if threatened. Prepare, and take your first steps to safety. CFA and Vic Govt. have the information and advice to help anyone prepare for bushfire and grassfire so checkout the website fireplanner.vic.gov.au and get ready for the fire season.

You may decide to travel over the FDP but in your planning for the trip have due regard to conditions and warnings prevalent not only at your destination but along your route. Keep an eye on the weather and check the FDR's, download the Vic Emergency App and be prepared to change your plans. See the Travellers Checklist on www.cfa.vic.gov.au/travel.

CFA Murchison Brigade has been training and upskilling over the winter period along with the neighbouring brigades we depend on for mutual support and are confident that we can meet the challenge of this seasons FDP full on.



MURCHISON FIRE BRIGADE CFA CONTINUED

CFA Murchison Fire Brigade very much appreciates the level of local support extended to us in our aim of keeping the Community informed and safe. Don't forget that the Fire Station is open house to anyone with a query and if the doors are open, there is someone there. We can help! Should you wish to consider joining us, come in and have a chat. No obligation. You might like us!

To finish on a lighter note, our Community engagement over the Christmas period will be:

- Sunday 10th December - Carols in the Park with Santa arriving by fire truck.
- Sunday 17th December - Santa Around The Town! this popular event returns this year and the itinerary will be published shortly.
- Friday 12th January - BBQ at COGS Murchison Pool Party.

Look out for us at these local events. Come along and say hello. Meanwhile please stay safe, consider the consequences of your actions on others, and have a very Happy Christmas!

In case of emergency please do not call the Fire Station but dial 000 and when answered clearly state your name and the type of emergency. Help will be despatched at the earliest opportunity.

BOLTON ESTATE AGENTS

**If you're thinking of selling
your property.**

**Please call Chris Bolton on
0413 092 698**

**Murchison's only local
Estate Agent**

BOLTON ESTATE AGENTS

Murchison Swimming Pool

POOL CARNIVAL

Friday the 12th of January

SAVE THE DATE



MELBOURNE CUP DAY AT MURCHISON BOWLS CLUB

BY RACHEL PUTS



Wow, what an amazing day Cup Day was! Thank you to all the community who came to celebrate with us and to our amazing members who put in the hard work to make it happen. Amazing food, great company, lots of laughs and a few winners along the way.

The best fascinators for the day were worn by Gloria-Jean, Jennifer, Rachel, Ingrid, Rosie and Margaret - these lovely ladies walked away with a trophy wine glass filled with yummy chocolate.

Raffle winners were Wendy, Jennifer, Joe, Glenn and Lyn who got to choose from a table of prizes.

Look forward to next year already!

Murchison Medical Clinic



WANNA LEARN TO PLAY THE GUITAR?

Justin Strudwick is a local guitarist based in Kialla, Victoria who is keen to bring guitar lessons to Murchison.

Lessons are suitable for all ages and skills levels. Both groups and private lessons can be arranged.

Give him a bell on 0438 253 489 for more info.



EXERCISE CLASSES IN MURCHISON

Facilitated by Primary Care Connect and supported by Neighbourhood House Murchison.

At Murchison Community Centre, 10 Watson Street

DECEMBER 2023 TIMETABLE

ONLY \$5 RESISTANCE TRAINING EVERY WEDNESDAY 9AM

Contact Primary Care Connect or the Neighbourhood House to register and to find out more.



MURCHISON COMMUNITY Walking Groups ALL WELCOME



FOR FUN AND FITNESS

Meet at the Neighbourhood House 23 Impey Street, Murchison

Followed by barista made coffee and a homemade slice at the Neighbourhood House Coffee Hub



ENERGY EFFICIENCY TESTING KIT



Have you ever wondered how energy efficient your home or office is?

Now you can find out!

An energy efficiency kit is now available to borrow from Neighbourhood House Murchison. Test the energy efficiency of buildings using technology and know-how and find out where you can improve and save!

Get in touch with the Neighbourhood House to book or to find out more.

03 5826 2373 | manager@murchison.org.au



Do you like arts and crafts? Are you interested in sewing?

Come join the fun at the

Murchison Community SEWING GROUP

Fridays 11am - 2pm

at the Neighbourhood House



A Program of Neighbourhood House Murchison (VIC) Inc. 23 Impey Street 03 5826 2373 info@murchison.org.au



Murchison Community ARTS & CRAFTS

Tuesdays 11am - 1pm

at the Neighbourhood House



Commences 13th June 2023 Some materials supplied



A Program of Neighbourhood House Murchison (VIC) Inc. 23 Impey Street 03 5826 2373 info@murchison.org.au



Do you play an instrument? Do you sing? Are you looking for people to play with? Do you wanna learn and practice music skills?



A Program of Neighbourhood House Murchison (VIC) Inc. 23 Impey Street 03 5826 2373 info@murchison.org.au





NEWS FROM GOULBURN VALLEY LIBRARIES



With the Mobile Library off the road (it still has a tummy ache) you may have noticed that Andre has been visiting Murchison in the library car instead. Andre has been rocking up with his crates of library goodies for you to peruse and borrow when he visits during the regular Mobile Library visiting hours.

We understand this is a very small collection. You can browse the Goulburn Valley Libraries online catalogue instead, and place items on hold. Simply go to www.gvlibraries.com.au and start searching. You will need your library membership number and PIN to place holds.

If you can't make it during these regular visits, why not try the Library Locker. First time user of the Murchison Library Locker? No problem.

Located in the Heritage Centre carpark, the Library Locker provides a great way to pick up your books any time. Mobile Library staff will load your items into the lockers weekly. You'll get a text to your phone when your items are available. Just tap the link in the text to get the QR code, scan it at the locker and take your items. You can also browse our website and place holds on items you would like to borrow.

The lockers are available 24/7 in a well-lit area and are easily accessible to all. There are a variety of locker sizes, so you can get a single item or a whole stack of books! You can also return any items to the library - just scan the library barcode on each item and drop it into the return locker at the bottom.

To put a book on hold to be picked it up at either the Mobile Library or the Library Locker you can use any of the following options:

Access the catalogue on the Library Locker screen.

Log into the Goulburn Valley Libraries online catalogue, browse and put items on hold.

Use the Libraries Victoria app on your smart device.

Send us an email at mobile@gvlibraries.com.au and let us know which items you would like to put on hold.

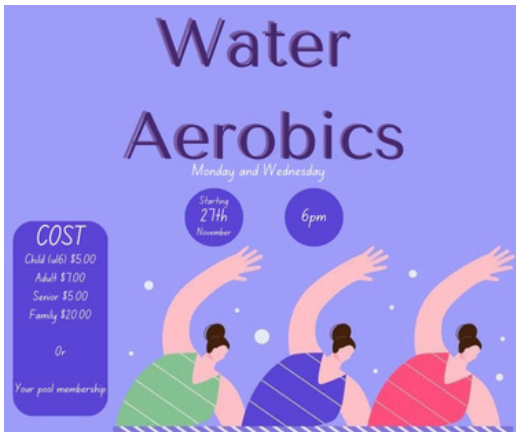
Give us a call on 1300 374 765.

The Mobile Library will be in attendance on its usual schedule, available at www.gvlibraries.com.au/mobile-library. If you'd like a hand using the lockers for your first time, our friendly staff will be happy to help you.

LEARN TO SWIM, GET FIT, COOL OFF AND JOIN IN THE FUN AT THE MURCHISON SWIMMING POOL THIS SUMMER!

Murchison Swimming Pool will be opening on **Friday, 1st December**. Come for a dip or get involved in the pool's activities:

- Water Aerobics
- Swimming Lessons
- Lap Swimming



Water Aerobics
Monday and Wednesday
Starting 27th November 6pm

COST
Child (u6) \$5.00
Adult \$7.00
Senior \$5.00
Family \$20.00

Or
Your pool membership

PRIVATE POOL BOOKINGS FOR DECEMBER ARE ALMOST ALL BOOKED OUT



If you're interested make sure you contact the pool on Murchisonswimmingpool@gmail.com
Or message our Facebook page

PRICES WILL VARY ON BOOKING SIZE AND ABILITY. NORMAL POOL RULES WILL STILL APPLY.

PRICE LIST
EARLY BIRD MEMBERSHIP (PURCHASE BEFORE 17 TH OF DECEMBER)

LARGE FAMILY (4 OR MORE PEOPLE)	\$165.00
SMALL FAMILY (3 PEOPLE)	\$135.00
CHILD U16	\$70.00
ADULT	\$80.00
SENIOR/PENSIONER	\$65.00

THESE MEMBERSHIPS ALL INCLUDES YOUR DAILY ENTRY LAP SWIMMING AND WATER AEROBICS

HOW TO PURCHASE
IN PERSON STARTING ON THE 24/11/2023 FROM 3:30-6:00 UNTIL THE 17/12/2023
OR
BSB 633 000, ACC 16698 4021, DESCRIPTION -SURNAME
PLEASE EMAIL THROUGH ALL FIRST NAMES, ADULTS AND CHILDREN
REMITTANCE TO MURCHISONSWIMMINGPOOL@GMAIL.COM



Lap Swimming
Tuesday and Thursday
Starting 28th November 6pm

COST
Child (u6) \$5.00
Adult \$7.00
Senior \$5.00
Family \$20.00

Or
Your pool membership

COME DOWN AND JOIN JOINING LAP SWIMMING AND RELEASING OF THE DEWING TEAM

SWIMMING LESSONS
With Bec!

January 1st-5th and 8th-12th

Contact Bec to book: 0408 262 339



CFA BRIGADES IN NEED OF INVESTMENT AHEAD OF FIRE SEASON

NaNationals Member for Euroa Annabelle Cleeland has called on the Labor Government to ensure local CFA brigades are properly equipped to handle what is expected to be an intense fire season.

After documents from Fire Rescue Victoria were made public recently, reports indicated that more than half of Melbourne's fire truck fleet is over 15 years old, while the situation is even more dire for our regional brigades.

The local CFA brigade in Murchison has two tankers, one of which is a staggering 34 years old.

"So many of our dedicated volunteer fire brigades are stuck with the majority of their vehicles, pumpers, and tankers being over 20 years old," Ms Cleeland said.

"Having met with many brigade captains and volunteers recently, there are serious concerns about these ageing vehicles, as well as the culture of the CFA, as it deals with a lack of funding and support from the Labor Government."

Speaking in Parliament recently, Ms Cleeland said failing to provide our brigades with fit-for-purpose vehicles, together with several other recent policy decisions, would be putting our communities, and volunteer firefighters, at risk.

"With the fire season approaching, our CFA brigades are in desperate need of appliances that are fit for purpose in order to protect our volunteer firefighters and to protect our communities," Ms Cleeland said.

"History has shown the only time this Government shows an interest in resourcing rural brigades is after tragic fire events.

Ms Cleeland has invited any local brigades to meet with her ahead of the high fire danger period, with the local member eager to ensure that the dedicated volunteers who put their lives on the line for our community have their voices heard.

Contact Annabelle.cleeland@parliament.vic.gov.au or by calling her office at (03) 5762 1600.



Annabelle CLEELAND MP

Member for Euroa

03 5762 1600

25 Bridge St,
Benalla VIC 3672
annabellecleeland.com.au

@Annabelle4Euroa

Proudly Supporting
the Local Community

Annabelle.cleeland@parliament.vic.gov.au



NATIONALS
for Regional Australia

Sam BIRRELL MP
FEDERAL MEMBER FOR NICHOLLS

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5821 5371 | sam.birrell.mp@aph.gov.au
sambirrell.com.au | SamBirrellMP

Authorised by S. Birrell, National Party of Australia, 426 Wyndham St, Shepparton VIC 3630.

MEMORIAL SERVICE

On Sunday November 19th I attended the memorial service for Germans who died in internment camps near Tatura and Murchison during WW1 and WW2. It was a solemn and moving occasion facilitated by the German Embassy and RSL. I am pictured with Harry Ruff whose family story is amazing and inextricably linked with the Tatura camps.



CALENDAR 2024

My 2024 Calendar will soon be available for collection from my Shepparton Office or alternatively a copy can be found inside a McPherson Media Newspaper on the 5th or 6th of December. The Calendar features brilliant pictures of our region including a stunning shot of Murchison. Thanks to everyone who submitted a photograph.



I recently brought local producers to Canberra to showcase and sample their products. This was an opportunity for dozens of MP's from both sides of the aisle to hear firsthand the importance of water and see exactly what water creates - food, jobs and economic prosperity.

WATER UPDATE

Recently, I voted against the Water Amendment (Restoring Our Rivers) Bill 2023 because I strongly oppose using the blunt instrument of water buybacks to achieve environmental outcomes at the expense of productive agriculture, jobs and regional communities.

The passage of this legislation through the House of Representatives was a sad day for people across the Murray-Darling Basin who face the economic and social destruction of their communities. It was disappointing to see Independent MPs led by Member for Indi, Helen Haines, vote with the Labor Government in favour of this devastating legislation.

The Bill still needs to navigate the Senate, and I continue to work towards a sensible outcome which includes the reinstatement of a socio-economic test that prevents buybacks unless there is a proven neutral or positive impact for Basin communities. We can't afford Labor's water plan and the fight isn't over.

A representative from



will be onsite at Neighbourhood House Murchison on **Wednesday, 13th December 2023** from **11:30am**

Seniors Rights Victoria provides information and support to protect older Australians from discrimination.

If you're over 60 and are concerned about elder abuse, or wish to formalise your wishes, pop into the NH on 13th December for some free advice.



The lovely folk from



Resilience
- IN -
RECOVERY

will be onsite at the Neighbourhood House



EVERY TUESDAY

9AM - 3PM

UNTIL 19TH DECEMBER

Find out more about recovery in Murchison

Ask questions and get the right information

Meet the team

Get Involved



Neighbourhood House Murchison
The heart of our community



GREATER
SHEPPARTON